



## For Individual and Family Plan Members

# Need to see a doctor right away?

If you need medical treatment right away, and your regular physician cannot see you quickly enough, visit one of our urgent care or walk-in clinics. No appointment is needed. Plus, it could save you time and money, and be more convenient than going to a hospital emergency room. Walk-in clinics can treat sinus and ear infections, colds, bronchitis, strep throat, pink eye, sprains, minor burns, skin infections, rashes and cuts. Urgent care centers can also treat minor fractures and cuts that need stitches.

**For serious conditions, including the ones listed below, have someone take you to the nearest hospital emergency department or call 911.**

- Chest pain, signs of a heart attack or stroke
- Head, neck, spine or eye injuries
- Uncontrollable bleeding
- Major fractures
- Major burns
- High fever
- Breathing difficulty
- Poisoning
- Unconsciousness

### For additional locations and hours visit:

- [CentraCare.org](http://CentraCare.org)
- [CentraCareKids.com](http://CentraCareKids.com)
- [YourBrevardUrgentCare.com](http://YourBrevardUrgentCare.com)

## myAHplan.com

See addresses & phone numbers on the back

### Volusia County

AdventHealth Centra Care  
Primecare at Twin Lakes

### Flagler County

AdventHealth Centra Care  
Palm Harbor Family Practice

### Seminole County

AdventHealth Centra Care  
Kids Urgent Care

### Orange County

AdventHealth Centra Care  
Kids Urgent Care

### Osceola County

AdventHealth Centra Care

### Brevard County

Atlantis Urgent Care Center  
Dairy Road Urgent Care  
Health First | AdventHealth  
Centra Care  
Healthy Minors, LLC  
Medfast Urgent Care  
Palm Bay Urgent Care  
Premier Urgent Care at  
Suntree/Viera  
Surfside Urgent Care

### Indian River County

Pointe West Urgent Care  
Sebastian Urgent Care

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# Participating Urgent Care and Walk-in Clinics for Individual and Family Plans

## Brevard County

### Cocoa Beach

Health First | AdventHealth Centra Care  
105 S. Banana River Blvd..... 321-985-0415

### Medfast Urgent Care

275 W. Cocoa Beach Causeway..... 321-799-7777

### Indialantic

#### Surfside Urgent Care

325 5th Ave., Suite 204..... 321-821-4889

### Indian Harbour Beach

#### Atlantis Urgent Care Center

2254 Highway A1A..... 321-777-2273

### Malabar

Health First | AdventHealth Centra Care  
730 Malabar Road ..... 321-549-0696

### Melbourne

#### Dairy Road Urgent Care

2107 Dairy Road, Unit B..... 321-956-8224

Health First | AdventHealth Centra Care  
1223 Gateway Drive..... 321-725-4505

#### Medfast Urgent Care

2113 Sarno Road, Melbourne..... 321-676-0558  
206 E. New Haven Ave..... 321-802-3311

#### Premier Urgent Care at Suntree/Viera

6300 N. Wickham Road, Suite 109 . 321-253-2169

### Merritt Island

#### Medfast Urgent Care

390 N. Courtenay Parkway ..... 321-633-3162

### Palm Bay

#### Medfast Urgent Care

490 Centre Lakes Drive N.E.,  
Suite 200A ..... 321-821-4950

#### Palm Bay Urgent Care

1155 Malabar Road N.E., Suite 10 .... 321-723-3627

### Port St. John

#### Medfast Urgent Care

5005 Port St. John Parkway..... 321-633-8620

### Rockledge

#### Healthy Minors, LLC

6525 3rd St., Suite 106..... 321-307-9400

#### Medfast Urgent Care

1400 Rockledge Blvd ..... 321-735-8960

### Titusville

Health First | AdventHealth Centra Care  
603 N. Washington Ave., Suite 101... 321-593-0458

#### Medfast Urgent Care

3045 Columbia Blvd., Suite 108A... 321-268-6822  
1840 S. Washington Ave ..... 321-360-5577

### Viera

#### Medfast Urgent Care

7925 N. Wickham Road, Suite A ..... 321-751-7222  
5500 Stadium Parkway, Suite 101... 321-306-5510

## Flagler County

### Palm Coast

#### AdventHealth Centra Care

1270 Palm Coast Parkway N.W. .... 386-225-4631

#### Palm Harbor Family Practice

9 Pine Cone Drive, Suite 102A ..... 386-445-6191

## Indian River County

### Sebastian

#### Sebastian Urgent Care

801 Wellness Way ..... 772-226-4200

### Vero Beach

#### Pointe West Urgent Care

1960 Point West Drive ..... 772-226-4250

## Orange County

### Orlando

#### AdventHealth Centra Care

250 N. Alafaya Trail, Suite 135 ..... 407-381-4810  
12500 S. Apopka-Vineland Road .... 407-934-2273  
630 N. Bumby Ave..... 407-894-3521  
8014 Conroy-Windermere Road,

Suite 104 ..... 407-291-8975

9637 Lake Nona Village Place ..... 407-723-1365

2609 S. Orange Ave ..... 407-203-0656

1520 W. Orange Blossom Trail ..... 407-703-4841

2301 Sand Lake Road ..... 407-851-6478

509 S. Semoran Blvd..... 407-277-0550

5810 S. Semoran Blvd ..... 407-207-0601

11550 University Blvd..... 407-384-0080

### Winter Garden

#### AdventHealth Centra Care

3005 Daniels Road ..... 407-654-8186

### Winter Park

#### AdventHealth Centra Care

3099 Aloma Ave ..... 407-951-6302

2540 Lee Road ..... 407-629-9281

#### Kids Urgent Care

2325 W. Fairbanks Ave..... 407-539-0311

## Osceola County

### Kissimmee

#### AdventHealth Centra Care

3293 Greenwald Way N ..... 407-847-2796

8201 W. Irlo Bronson Memorial

Highway ..... 407-465-0846

3759 Pleasant Hill Road ..... 863-419-2723

4320 W. Vine St ..... 407-390-1888

### Saint Cloud

#### AdventHealth Centra Care

4660 13th St..... 407-805-4650

## Seminole County

### Altamonte Springs

#### AdventHealth Centra Care

440 W. State Road 436 ..... 407-788-2000

### Lake Mary

#### AdventHealth Centra Care

2948 W. Lake Mary Blvd..... 407 732-7478

#### Kids Urgent Care

105 S. Country Club Road..... 321-363-4927

### Longwood

#### AdventHealth Centra Care

855 S.U.S. Highway 17-92 ..... 407-699-8400

### Oviedo

#### AdventHealth Centra Care

8010 Red Bug Lake Road ..... 407-200-2512

### Sanford

#### AdventHealth Centra Care

4451 W. 1st St ..... 407-330-3412

## Volusia County

### Deland

#### AdventHealth Centra Care

2293 S. Woodland Blvd..... 386-279-7010

### Daytona Beach

#### AdventHealth Centra Care

1014 W. International Speedway  
Blvd ..... 386-872-5044

#### Primecare at Twin Lakes

1890 LPGA Blvd., Suite 130 ..... 386-274-2212

### Orange City

#### AdventHealth Centra Care

1360 Saxon Blvd ..... 386-917-0074

### Ormond Beach

#### AdventHealth Centra Care

1245 W. Granada Blvd..... 386-317-9055

### Port Orange

#### AdventHealth Centra Care

1208 Dunlawton Ave..... 386-304-7320

**Call 1-855-443-4735**

**TDD/TTY 1-800-955-8771**

Available weekdays 8am to 6pm